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MOON PHASES

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By harnessing the Moon phases every day and applying them to any part of your life, you will feel the benefit, such as a boost of energy. Plan your work cycle, personal life, gardening, and more. Then take it to the next level and align it with your numerological numbers in sequence with the collective energy and your energy. This planner has been marked with each phase for the month, and the year it corresponds with, along with your collective ruling numbers and personal numbers. By following the Moon's rhythm, we can significantly improve our planning, organization, and productivity, by taking our time to ensure that we get the most out of each Moon phase.

The Moon's phases remind us that everything has a cycle; it is created and destroyed, only to start again. Our ancestors and many ancient civilizations created their calendars around the Moon. Nature mirrors the Moon's cycle - plants germinate in the new Moon and blossom on the Full Moon.

The Lunar cycles are broken down into eight moon phases; each holds meaning and significance regarding behaviours. The phases refer to the changing nature of the Moon, which is created from the alignment of the Moon in correlation to the Earth and the Sun; The Moon itself doesn't change, but our perception of it does due to the parts reflected by sunlight. Using the Moon phases to plan your personal life and your work life isn't just smart; it is intuitive. Employing the natural flow of the Moon and the energy of the living world around us offers support. The Full Moon is where we can enjoy the fruits of our labour, celebrate, release expectations, and move forward. You can use all the Moon's phases in my personal life and business ventures.



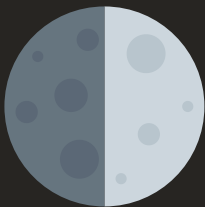
NEW MOON (0-3.5 days)

New beginnings and inviting in what you want to manifest. This phase has its name because it starts a new lunar cycle; the Sun and Moon are in conjunction. Check-in with your feelings, hunches, and goals; listen to your dreams and daydreams, as they may be telling you something, watch for clues. Communicate with the Universe/Higher-self your manifestations, set intentions: plant the seed (write it down, say it out loud).



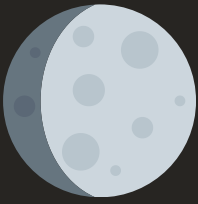
WAXING CRESCENT MOON (3.5-7 DAYS AFTER THE NEW MOON)

Here comes a splash of reality; notice the glitches, problems, and differences of opinion. Create intentions and journal them. In this phase, we see a thin, crescent-shaped Moon. It's time to put into action the intentions you set during the new moon phase.



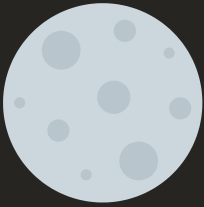
WAXING HALF-MOON (7-10.5 DAYS AFTER THE NEW MOON)

Our head and heart may disagree (clothes may feel tighter or uncomfortable), action plan, align your energy, focus on your space and "tools". This phase got its name because, at this point, the Moon has travelled 1/4 of the way through its orbit. It's a confusing label because, at this time, from our perspective, 1/2 of the Moon's surface is lit. It is time to look at the challenges you currently face and make decisions about how you want to proceed. Face adversity with a resolute mind. Work productively with challenges, find workarounds; they are your greatest teachers.



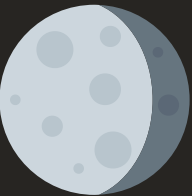
WAXING GIBBOUS MOON (10.5-14 days after the new moon)

Receiving; review your list and see it, feel it, own it as though it were already true. This phase of the moon occurs between the first quarter and full Moon and describes the Moon as more than half-lit, but not entirely ("Gibbous" comes from a Latin word meaning "humpbacked"). This high energy moment, right before the full moon, offers perspective. With the lunar momentum waxing to peak, things should start to feel like they are aligning. Therefore, this is time to ramp up the energy in your life. Take massive action on behalf of your intended desire. Go after it with your whole heart.



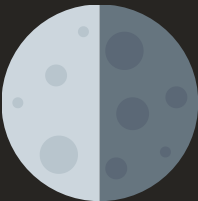
FULL MOON (14-17.5 days after the new moon)

Have a grateful heart, acknowledge and feel your energy, release doubts, build on the appreciation. The Sun and Moon are in opposition; they are the farthest apart in the sky, opposite the Earth's sides. The moon is symbolic of the feminine; it receives the sun's light, shining it back to us with illumination. The full moon accentuates everything that you've been working on during this phase. Take time to reflect with gratitude. Be thankful for your friends, family, health, body, your home, and so on. Focus on the positives you do have in your life.



DISSEMINATING GIBBOUS MOON (17.5-21 days after the new moon)

Self-awareness; what are your blocks? Release limiting beliefs- self-reflection. This phase is sometimes referred to as a 'Waning Gibbous,' the Moon is more than half-lit, but not entirely. After the full moon, it is an excellent time to consider what you need to release. Reflect on what may block you from receiving your intention(s). Be aware of any energetic leaks or roadblocks holding you back from expressing your manifestations' actualization; let go of what's blocking you from your intentions.



WAXING HALF-MOON (21-24.5 days after the new moon)

Release phase, break down; change negative beliefs into positive words or beliefs. This phase, sometimes also called Third Quarter, got its name because, at this point, the Moon has travelled 3/4 of the way through its orbit and has just one more (the last) quarter to complete one revolution. During this phase, we see 1/2 of the Moon's surface lit. While the moon begins to wane and the light disseminates, there is a call to go within and do internal work by seeking answers and heart-driven guidance. Listen intently for direction and guidance. It's there for you! Tip: incorporate manifestation tools, sticky notes, mantras.



BALSAMIC CRESCENT MOON (24.5-28 days after the new moon)

Release doubts and trust, create space for new energies. At this stage, we see the Moon's entire left side in the Northern Hemisphere almost entirely lit and the right side in darkness. This presents the final phase of the full moon cycle. It provides an opportunity to reflect on the entire lunar cycle that has come to pass. What have you learned? What has happened? What hasn't? Revisit your intentions you set during the new moon and reflect on how you've changed since you set your intentions.



THE UPCOMING NEW MOON

The new moon is a blank page; take the time to turn inward, consider what you want to call in and what you need to let go of; take this time for rest and reflection.